





THERAPEUTIC  
HEALTH

# CHILD & TEEN 2023 fall programming

## Children's Programs

Classes are located at EA Therapeutic Health - Child Services Building

### Kids Shape

Is your child or family looking for guidance and ways to incorporate healthy eating? This 6-week kids shape class is designed for 6-10 children and was created to help with health and wellness goals for youth and their families.

**Student Type:** Ages 6-12

**Class Day:** Monday

**Times:** 5 pm - 6 pm

**Cost:** \$120 per child

**Dates:** 9/11/23-10/16/23

**Registration Deadline:** 9/1/23

### 1:1 Individualized Therapy

If your child is not ready for group class or prefers a more personalized experience, we also offer one-on-one sessions.

#### Therapeutic Play & Recreation

Children Ages 2-11

#### Adaptive Fitness & Sports

Teens Ages 12-16

For an assessment and pricing,  
call (507) 259-7570



### Event: Fall Trunk or Treat & Spooky Fun House!

The name probably says it all - get into the Halloween spirit, grab your treat bucket, and get ready for some good ol' fashioned trick or treating, well from trunks. All are welcome, so bring your friends and family!

**Date:** 10/28/23

**Time:** 10 am – 1 pm

**Cost:** Free

**Location:** EA Child Service Building



SCAN HERE TO REGISTER  
ChooseEA.org | (507) 259-7570



\*Financial note: EA works with county case managers through the MN 245D HCBS Program to accept waiver payments or service agreements for all programs. Financial assistance is available based on need. Please inquire with our office to complete a financial assistance request form.